

**Red Deer Area Office**  
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**Red Deer Area Office**





## **Red Deer Area Office**

*Our mission is to encourage and assist Albertans in achieving personal, family, and community health, free from alcohol and other drug abuse. The Red Deer Area Office staff and volunteers work with Central Albertans to develop new approaches to the treatment and prevention of addiction-related problems. In addition, staff are available for consultation in the design and development of programs for community and professional groups.*

### **Outpatient Counselling**

Assessment and treatment services are available to assist youths, adults, and families with alcohol and other drug-related problems. An adolescent and family specialist is available to address the unique concerns of these populations.

### **Referrals**

Appropriate referrals will be made to inpatient treatment programs, including:

- AADAC Recovery Centre (detox)
- Henwood Treatment Centre
- Lander Treatment Centre
- Renfrew Recovery Centre (detox)
- Adolescent Treatment Centres

The AADAC office also maintains a working relationship with other community agencies. Mutual referrals are made to ensure the client's needs are met in the best possible way.

### **Passport (Relapse Prevention):**

For individuals who have started a recovery program. The focus is on the identification of personal high risk situations and developing ways to manage them. This program will help clients handle the pressures that may lead them back to drinking or drug use.

### **Women's Group**

To meet the special needs of recovering women, this group focusses on women's issues.

### **Reclaiming Yourself**

For individuals who are presently close to someone who is abusing drugs or alcohol. This group helps in the making of practical day-to-day decisions.

### **Adolescent Group**

For adolescents who will benefit from a positive and supportive peer environment.

### **CAPS Network (Central Alberta Peer Support):**

CAPS is a proactive, community development program designed for use in Alberta schools. The focus is on the positive influence of the peer group and its use in education/prevention programs.

### **Volunteer Action Network**

A project designed to involve key community members in the promotion, coordination, and implementation of drug abuse prevention programs in rural areas.

### **Employee Assistance Program:**

Counselling, workshops, and consultation services are provided to employers, employees, and their families to encourage joint efforts in the resolution of drug-related problems.

### **Information Series**

These seminars address topics such as basic pharmacology, process of addiction, recovery, making interventions in addiction problems, and the use of the resources available.

### **Library**

Pamphlets, articles, and books covering a wide range of topics are available to the public. Students are encouraged to seek resource materials. Films covering drug-related issues are available on loan to schools, professionals, and community groups.