

**AVAILABILITY OF AL-ANON/ALATEEN  
CONFERENCE APPROVED  
LITERATURE (CAL) AT MEETINGS**

AL-ANON	ALATEEN
97% Conference Approved Literature only	31% Conference Approved Literature only

**INVOLVEMENT IN SERVICE WORK:**

AL-ANON	ALATEEN
57% Involved	36% Involved

**Group and Estimated Membership Data**

With meetings in 112 countries, Al-Anon and Alateen members belong to nearly 30,000 group worldwide. Al-Anon and Alateen groups usually meet weekly, often in churches, hospitals, schools, and other rented public facilities. Sixty percent of these groups are in the US and Canada. A breakdown of the number of groups in 1999 is as follows:

	US	Canada	International	Worldwide
Al-Anon	14,529	1,764	10,810	27,103
Alateen	<u>1,590</u>	<u>144</u>	<u>962</u>	<u>2,696</u>
<b>Total</b>	16,119	1,908	11,772	29,799

Based upon information reported by our groups annually, the average number of members per group is 13 in 1999.

**AL-ANON ALATEEN**

The Al-Anon Family Groups are a fellowship of relatives and friends of alcoholics who share their experience, strength and hope in order to solve their common problems. We believe alcoholism is a family illness and that changed attitudes can aid recovery.

Al-Anon is not allied with any sect, denomination, political entity, organization or institution; does not engage in any controversy, neither endorses nor opposes any cause. There are no dues for membership. Al-Anon is self-supporting through its own voluntary contributions.

Al-Anon has but one purpose: to help families of alcoholics. We do this by practicing the Twelve Steps, by welcoming and giving comfort to families of alcoholics, and by giving understanding and encouragement to the alcoholic.

The Suggested Preamble to the Twelve Steps

Alateen is part of the Al-Anon Family Groups. It is for younger members who use the Al-Anon program to recover from the effects of someone else's drinking.

**HOW TO FIND US**

Ways to locate a nearby Al-Anon/Alateen meeting are:

- Use your telephone directory to obtain the local Al-Anon listing. Al-Anon may have an information service office or answering service listed in the telephone directory under Al-Anon, Alcoholism or Alcoholics, Families of.
- Call 888-425-2666 (888-4AL-ANON) for meeting information 8:00 AM to 6PM, Monday - Friday, ET.
- For introductory information, call 888-425-2666 (888-4AL-ANON), USA or 800-714-7498, Canada or visit the Al-Anon Family Groups Inc. World Wide Web site: [www.al-anon.alateen.org](http://www.al-anon.alateen.org)
- To speak with a Public Outreach staff member, call: 757-563-1600 (USA)/613-723-8484 (Canada) or e-mail [WSO@al-anon.org](mailto:WSO@al-anon.org)

SEND US YOUR SUGGESTIONS  
FOR OUR 2002 SURVEY  
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Al-Anon/Alateen is supported by members' voluntary contributions and from the sale of our Conference Approved Literature.

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Approved by  
World Service Conference  
Al-Anon Family Groups

# Who Are The Members of Al-Anon and Alateen ?

1999  
Survey in  
the US and  
Canada

S E R V I C E

AL-ANON FAMILY GROUPS   
hope for families & friends of alcoholics

## THANK YOU

The 1999 Membership Survey indicates that 51% of our membership attended their first Al-Anon meeting as a result of professional referrals. Our survey results confirm the vital elements of membership recovery are: attendance at meetings, reading Al-Anon literature, sponsorship and a commitment to service work.

Since 1984, the Al-Anon Family Group Headquarters has self-administered anonymous membership surveys in the US and in Canada every three years. The 1999 Membership Survey represents our sixth study of a randomly selected sample of 3% (485) of the Al-Anon groups and about 10% (175) of the Alateen groups in the US and Canada. There was a 23% combined rate of response among Al-Anon and Alateen groups.

The statistics from this Membership Study are used by the Al-Anon Family Group Headquarters, Inc. (World Service Office) to ascertain and respond to our members' needs.

The results are also shared with our membership and used in our communications with the professional community and the general public.

Upon request, a complete survey report is available.

## SIGNIFICANT CHANGES

The 1999 survey results show an increase among Al-Anon members who are:

- slightly older
- better educated
- retired
- living in rural areas or small towns
- in families with a history of alcoholism
- members for an average of eight years
- working with a sponsor
- locating Al-Anon via the Internet

Since 1996, there has been an increase in Alateen members who:

- have been in Alateen over a year
- have a grandparent who is an alcoholic
- are locating Alateen via the Internet
- were introduced to Alateen by a family member
- are encouraged to attend Alateen by professionals
- work with sponsor

**Members Receiving Treatment/Counseling BEFORE Attending Al-Anon or Alateen:** 55% of Al-Anon members and 40% of Alateens received some form of medical, psychological or spiritual treatment or counseling.

**Members Receiving Treatment/Counseling AFTER attending Al-Anon or Alateen:** 50% of Al-Anon members and 35% of Alateens received some form of medical, psychological or spiritual treatment or counseling.

## HOW MEMBERS FOUND OUR PROGRAM

Members cited the following factors (more than one item could be selected) as responsible for influencing them to attend their first meeting:

AL-ANON	ALATEEN
<b>77% Personal recommendations</b>	<b>92% Personal recommendations</b>
36% Al-Anon Member	67% Parents/Stepparents
36% AA Member	48% Al-Anon/Alateen Member
31% Friend/Neighbor/Co-worker	25% Friend/Neighbor
28% Family Member	17% Other /Family
<b>51% Professional referrals</b>	<b>22% Professional referrals</b>
33% Therapist/Counselor	16% Therapist/Counselor
19% Treatment Facility	8% Teacher/School Staff
7% Medical doctor	3% Medical doctor
5% Clergy	1% Social worker
4% Employer (EAP)	
1% Teacher/School Staff	
1% Correctional Facility	

27% Media*	22% Media
17% Print	7% Print
9% Broadcast Media	8% Broadcast Media
1% Internet	3% Internet
8% Al-Anon Literature/Posters	12% Al-Anon/Alateen Literature/posters

\*Note: In 1996, the Al-Anon media figure should have been reported as 8%.

## Ages of Members:

AL-ANON	ALATEEN
4% under 34	5% under 10
65% 35 to 54	86% 10 to 18
31% over 54	9% over 18
The average age of an Al-Anon member is 51 years.	The average age of an Alateen member is 14 years.

## Gender:

AL-ANON	ALATEEN
85% Female	62% Female
15% Male	38% Male

## Length of Time In the Program:

AL-ANON	ALATEEN
18% 1 year or less	29% less than 6 months
29% 1 to 5 years	15% 6 to 12 months
21% 5 to 10 years	45% 1 to 5 years
32% over 10 years	11% over 5 years

## RELATIONSHIPS TO ALCOHOLICS IN MEMBERS' LIVES

AL-ANON	ALATEEN
78% Husband/Wife	90% Parent/Stepparents
36% Parent	14% Brother/sister
26% Child	39% Other relative
46% Other relative	28% Other
33% Other	

Half of Al-Anon members have a current alcoholic spouse and a third have a former alcoholic spouse. Over a third of Al-Anon members have an alcoholic parent.

Virtually all Alateens (98%) have an alcoholic parent. Thirty percent of the Alateens reported having a close friend who is an alcoholic.

## MEETING ATTENDANCE:

Al-Anon members attend an average of 1.7 meetings per week. Alateen members attend an average of 1.2 meetings per week.

## SPONSORSHIP:

**Al-Anon**  
62% have a sponsor; 45% are sponsoring others.

**Alateen**  
38% have a sponsor, and 12% a provisional sponsor.