

## Alberta Works

[Alberta Works](#) helps:

- Unemployed Albertans find employment;
- Low-income Albertans cover their basic living costs.

Alberta Works services include:

- [Income Support](#)
- [Health Benefits](#)
- [Employment Services](#)
- [Child Support Services](#)

### [Income Support](#)

Income Support provides financial assistance to Albertans who do not have the resources to meet their basic needs for food, clothing and shelter.

Help is available on a one-time basis to meet an [emergency need](#) or on an ongoing basis to assist Albertans who are struggling to support themselves through employment. The level of assistance varies depending on each person's circumstances, financial resources, ability to work and family size.

To learn more or apply for Income Support click: [humanservices.alberta.ca/is](http://humanservices.alberta.ca/is)

### [Health Benefits](#)

Health benefit coverage includes:

- dental care
- prescription drugs
- eye exams and glasses
- essential diabetic supplies
- emergency ambulance services
- essential over-the-counter medications

To learn more or apply for Health Benefits click: [humanservices.alberta.ca/hb](http://humanservices.alberta.ca/hb)

### [Employment Services](#)

Free career and employment services are available to all Albertans. Funding may also be available for short-term training required to secure employment. Albertans can access career-planning, job-search assistance and other helpful services in a number of different ways, including:

#### Online

For career information click on the Alberta Learning Information Service (ALIS) website at: [alis.alberta.ca](http://alis.alberta.ca)

#### By Telephone

To speak to a career advisor on the Career Information Hotline call:  
1-800-661-3753 toll-free  
780-422-4266 in Edmonton

#### In Person

Helpful employment services are available at more than 50 Alberta Works / Alberta Supports Centres across the province. To find your local centre, visit [humanservices.alberta.ca/offices](http://humanservices.alberta.ca/offices)

### [Child Support Services](#)

Child support income can make a big difference in the life of a child. Child Support Services (CSS) help single parents with low incomes negotiate child support agreements or court orders so they receive child-support money from the other parent.

To learn more or apply for services:

Click: [humanservices.alberta.ca/css](http://humanservices.alberta.ca/css)  
Call: 780-415-6400 (Edmonton)  
403-297-6060 (Calgary)  
Dial 310-0000 first to call toll-free