



Counselling

We assist families and individuals to resolve personal, marital and family problems; to generate alternatives and model and teach problem solving. Services offered are focused on early intervention and prevention. Fees are set on a sliding fee scale, based on ability to pay.

We offer the following short term, solution-based counselling services:

- Individual
- Couples
- Family (Single Parent, Blended)
- Grief/Loss
- Groups
- Play Therapy

Courses

- [FOCIS on Communication in Separation](#)
- [Marriage Boot Camp](#)
- [Parenting After Separation](#)

Programs

- [Children of Divorce](#)

Additional Information

- [Employee Assistance Program](#)

Hours

FSCA is closed for lunch from Noon (12:00pm) – 1:00pm – Monday through Friday. Extended hours available. We are closed all stat holidays until the middle of September 2012. We are not open on Saturdays during the summer months.

Monday 8:30 am – 4:30 pm

Tuesday 8:30 am – 4:30 pm

Wednesday 8:30 am – 4:30 pm

Thursday 8:30 am – 4:30 pm

Friday 8:30 am – 4:00 pm

Contact Us

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