

## What groups does IPWP offer?

### **Prenatal Classes for Teens and Young Women** is a one day

program to provide support and information to pregnant teens and young women.

**Parenting Connections** is a drop in group for parents who want to learn more about parenting their 0-6 year old children. Childcare is provided.

**Under Six Club** is a drop in play group for parents and their children 0-6. Parents will have an opportunity to play with their child in a large indoor play space using gross motor toys.

For more information visit our website at [www.fsca.ca](http://www.fsca.ca) or phone 403-343-6400



Canada

IPWP is a Community Action Program for Children Project funded by the Public Health Agency of Canada and by Red Deer and District Family and Community Support Services.

FSCA is a registered charity that has been helping families in Central Alberta since 1971. Our agency appreciates all donations and tax receipts are available for donations over \$10. To learn more about donating your time or money to our organization please visit our website at [www.fsca.ca](http://www.fsca.ca)



#### Address

5409 - 50 Ave.

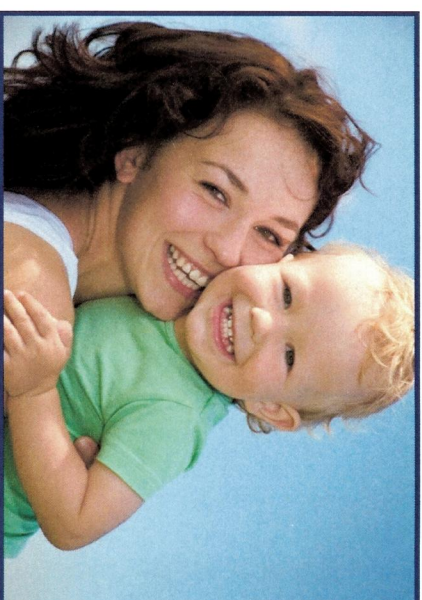
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## Infant Preschool Wellness Program



Where Family Comes First

## What is the Infant Preschool Wellness Program?

**IPWP is a free, voluntary program that offers:**

- Home Visitation that provides information and support based on family needs
- Drop-in Parent Support Groups
- Specialized support for diverse families with our Family Specialist



## What is Home Visitation?

An Outreach Worker can come to your home or another agreed upon location on a regular basis and provide you with support and information on parenting and child development.

## What does an Outreach Worker do?

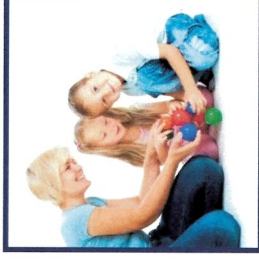
- An Outreach Worker will bring activities for you and your child to help your child's growth and development
- Discuss your child's health, safety, nutrition, discipline, toilet learning, behaviors and much, much more
- Work with you on goals that are important to you and your family
- Connect you with other resources in the community

## How do I qualify?

If you live in the City of Red Deer or surrounding area, have a child 0-6 years of age and would like to :

- Learn more about your child's developmental milestones and how to respond to their changing needs
- Find out how to guide your child's behavior
- Learn more about community programs and services

IPWP may be the program for you



## All children deserve the best start.

At Family Services of Central Alberta, we believe that in the first six years of life, children learn more and at a faster pace than any other time in their life.

All parents struggle with parenting from time to time and the Infant Preschool Wellness Program is here to assist you.