

Who is eligible for service?

The Family School Wellness Program is available free of charge and year round to any child (0-18 years of age) and their family.

The program has the flexibility to provide services wherever the family chooses. This could include the family's home, child's school or any other place mutually agreed to.

Aboriginal, Metis, and Inuit students will have Aboriginal Family School Wellness Workers available to them.

What issues are addressed?

➤ School related issues (E.g. academic / learning difficulties, poor school attendance, inappropriate classroom behaviour or lack of motivation)

➤ Individual issues (E.g. poor peer relations, anger problems, low self-esteem, depression, inappropriate sexual behaviour, inappropriate expression or control of their emotions or risk of suicide).

➤ Family issues (E.g. family relationship difficulties, family breakdown, parenting issues, parent/child conflict)

Referrals

➤ Referrals for children can be made directly to the Family Wellness Worker assigned to the school the children are attending (Please see distribution list)

➤ Any other inquiries can be made by calling the Program Coordinator (Velma Karpa at 342-4320)

➤ Referrals can be made by parents, youth, school personnel, therapists, counsellors, health professionals, social service workers or any community member who is concerned about a family.

What information do I need to know when making a referral?

- Name(s) of the children
- Ages of the children
- School(s) attended
- Parent(s) and/or Guardian(s) name(s)
- Address of the parent(s) and/or Guardian(s)
- Contact numbers for the family
- Presenting concerns
- Parental awareness of and consent for involvement with the Family Wellness Worker

What services are provided?

The Family Wellness Worker will provide:

- Information and assistance in making referrals with families to existing community agencies.
- Direct assistance and support to families who are experiencing difficulties at home, school or in the community.
- Outreach-counselling services that focus on discussing concerns and assisting families in identifying options and seeking solutions.

➤ Case management and co-ordination of services between the family, school and any other agency involved.

➤ Culturally appropriate support to children of Aboriginal and Metis background to aid in them being a success in school.

➤ Administration, teachers, and school counsellors with strategies to assist children of Aboriginal and Metis background.

➤ **Custody issues are not a part of our mandate.**



IT'S FREE OF CHARGE!

Background of the FSWP

The Family School Wellness Program (FSWP) has been providing services to children and their families in Red Deer since 1992. The program is an early intervention / prevention service that deals with mental health issues, and those that are social, or emotional in nature. The issues may be occurring at home, school or in the community.

Program Philosophy

The FSWP recognises the importance of mental health for healthy individual, family and community functioning. This program further recognises that many community agencies positively influence and contribute to mental wellness. A collaborative effort between these groups is seen as essential in order to facilitate healthy individual and family development. As such, the program advocates a family-focused proactive approach in the prevention of mental health concerns that would limit an individual's ability to participate in his/her community.

We take a systemic view in approaching referrals. This includes an appreciation for the student's culture, community, school environment, their family and the individuals comprising it. Our goal and preference in working with students is to acknowledge and include the family when possible.

CONTACTING US

KERRY STENDALL
Family Wellness Worker
Office: Lindsay Thurber
Phone: 347-1171 ext. 3306
Email: kstendall@rdpsd.ab.ca

SUZETTE MAH
Family Wellness Worker
Office: Notre Dame High
Phone: 342-4800 ext. 263275
Email: smah@rdcrd.ab.ca

LISA DOLL
Family Wellness Worker
Office: Westpark Elementary
Phone: 341-3661
Email: ldoll@rdpsd.ab.ca

ELYSIA IVERSEN
Family Wellness Worker
Office: Westpark Middle
Phone: 342-4528
Email: elysia.iversen@rdpsd.ab.ca

SYLVIA FUERBRINGER
Family Wellness Worker
Office: Central Middle
Phone: 346-1377
Email: sfuerbringer@rdpsd.ab.ca

SUE MORRISON
Family Wellness Worker
Office: Camille
Phone: 346-5542
Email: smorrison@rdcrd.ab.ca

GLEN MANYLUK
Aboriginal Family School Wellness Wk
Phone: 350-3261
Email: gmanyluk@rdpsd.ab.ca

MARGARET KLEIN
Aboriginal Family School Wellness Wk
Phone: 403-596-5357
Email: mklein@rdpsd.ab.ca

VELMA KARPA
Program Coordinator
Office: Red Deer Catholic Regional Division
Office, Montfort Centre
Phone: 342-4320 Fax: 347-6410
Email: vkarpa@rdcrd.ab.ca

ALL F.S.W.P. Mail: 5210-61 Street,
Red Deer, AB T4N 6N8

- ☐ Community Addictions & Mental Health
- ☐ Region 4 ~ Child & Family Services Authority
- ☐ Red Deer Public School District No. 104
- ☐ Red Deer Catholic Regional Division No. 39
- ☐ Red Deer & District F.C.S.S.
- ☐ Student Health Partnership

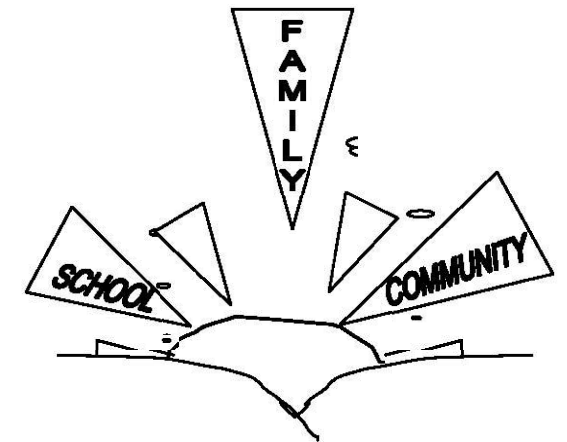


Central Alberta
Child and Family Services Authority



FAMILY SCHOOL WELLNESS PROGRAM

Serving Red Deer City



At the Family School Wellness Program we aim to:
Help families grow
Empower families
Advocate for families
Support families
Offer hope & solutions
Help families connect with resources