Indigenous Relations Office

Community Bulletin

(Based on information provided by community organizations)



Help Line for First Nations and Inuit children, youth and young adults launched

The Hope for Wellness Help Line will provide immediate, culturally competent telephone-based crisis intervention counselling to First Nations and Inuit young people and adults experiencing distress. Help Line calls will be answered by experienced crisis intervention counsellors, and service will be available in English and French. Callers may also ask about the availability of service in Cree, Ojibway and Inuktitut.

Callers can access the Help Line 24/7 effective immediately.

The toll-free phone number for the line is 1-855-242-3310.

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