

List of Resources

Government of Alberta:

<https://www.alberta.ca/family-violence-prevention.aspx>

Family Violence Info Line: 24/7 (170 languages)

403-310-1818

Alberta Crisis Text Line: 24/7

Text HOME to 74174

Kids Help Phone: 24/7

1-800-668-6868

Text HOME to 686868

Mental Health Helpline: 24/7

1-877-303-2642

Distress Line/Suicide Support 24/7

1-800-784-2433