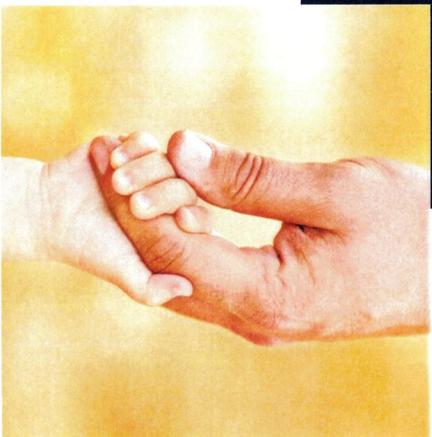


Parent Child Assistance Program

The main goal of PCAP is to prevent further births of alcohol/drug exposed children.

PCAP is a 3 year voluntary program to provide women who use substances with appropriate, respectful services to improve their quality of life. We empower women to build and maintain healthy and independent family lives and assure that children are in safe and stable homes.



For more information visit our website at www.fsca.ca or phone 403-343-6400



FSCA is a registered charity that has been helping families in Central Alberta since 1971. Our agency appreciates all donations and tax receipts are available for donations over \$10. To learn more about donating your time or money to our organization please visit our website at www.fsca.ca



Address
5409 - 50 Ave.
Red Deer, AB T4N 4B7
Telephone: 403-343-6400
Fax: 403-343-6407
E-mail: fsca@fsca.ca
www.fsca.ca

PCAP
Central
(Parent Child Assistance Program)

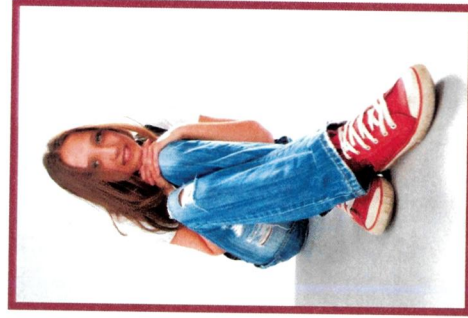


Where Family Comes First

What does a PCAP Mentor do?

Through home visitation, PCAP mentors will work together with program participants to:

- Set achievable goals regarding risk behaviours and well-being.
- Work with women to choose an effective family planning method.
- Facilitate positive connections to community resources through assisting women in resolving barriers to services (housing, income, food, child care, child custody, transportation).
- Help women recognize and celebrate each step towards successfully achieving goals.
- Offer ongoing verbal and emotional encouragement regardless of temporary setbacks.



Eligibility

We serve:

- Women who are pregnant or are up to six months post-partum;
AND
 - Women who self report use of alcohol and/or drugs during pregnancy;
AND
 - Women who are ineffectively engaged with community service providers.
- OR**
- Women who have already delivered a child with a diagnosis of FASD;
AND
 - Are still drinking;
AND
 - Are capable of having more children

Program Intake

Anyone can refer to PCAP, including:

- Self
- Community Agencies
- Other Program Participants
- Public Health Nurses
- Physicians
- Prenatal Instructors
- Child and Family Services Authority

Referrals can be made by contacting our office or completing a referral form.



How are we different?

All successes are celebrated! We support women regardless of the outcome of the pregnancy. Women are not asked to leave the program due to relapse, setbacks or child custody involvement.

Communities We Serve:

- Red Deer
- Bentley
- Blackfalds
- Clive
- Delburne
- Eckville and Benalto
- Innisfail
- Penhold and Springbrook
- Stettler