



**Canadian Mental
Health Association**
Central Alberta

5017 50th Avenue
Red Deer, AB T4N 4B2
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W <http://reddeer.cmha.ca>

NOTE: The Canadian Mental Health Association – Central Region does not provide crisis services. If you are in immediate need of assistance please call:

- Mental Health Help Line 1-877-303-2642
- Addiction Help Line 1-866-332-2322
- Health Link Alberta 1-866-408-5465
- Alberta Health Services, Mental Health, 47333 – 49 Street, Red Deer 403-340-5466
- Alberta Health Services, Addictions, #104, 4920 – 51 Street, Red Deer 403-340-5274

Find Us



The P2 on Gaetz between 51 and 52 Streets is close to all CMHA locations. Gaetz is one-way heading south on this block. Enter the one way from 52 Street.

The P4 at the intersection of 49 Avenue and 49 Street, across from the Red Deer City Hall Park, is walking distance.

Street parking is available near all locations. Parking is free after 5 PM and all day Saturday and Sunday.

There is a P6 parking lot between 48 and 49 street, behind The Buffalo Apartments, as well,

The street location is on Gaetz between 40th