

**Counselling Services - Red Deer**

<b>Agency Name</b>	<b>Phone Number</b>	<b>Address</b>	<b>Website</b>	<b>Cost</b>
Canadian Mental Health Association	(403) 342-2266	5017 - 50th Avenue Red Deer, AB	<a href="http://reddeer.cmha.ca">http://reddeer.cmha.ca</a>	free walk in crisis counselling
49 Street Community Health Centre	(403) 340-5466	4733 - 49 Street Red Deer, AB	<a href="http://www.albertahealthservices.ca/info/facility.aspx?id=1025052">http://www.albertahealthservices.ca/info/facility.aspx?id=1025052</a>	free
Primary Care Network	403-314-3297		<a href="http://reddeerpcn.com/Pages/default.aspx">http://reddeerpcn.com/Pages/default.aspx</a>	6 free sessions, for adults
Catholic Social Services	(403) 347-8844	5104 - 48 Avenue Red Deer, AB	<a href="https://www.cssalberta.ca">https://www.cssalberta.ca</a>	Extended Healthcare Benefits/Sliding Scale Fee
Vantage Community Services	(403) 340-8995	4920 - 54 Street Red Deer, AB	<a href="http://www.vantagecommunityservices.ca">http://www.vantagecommunityservices.ca</a>	1 free session, then sliding scale or benefits
Shalom Counselling	(403) 342-0339	5515 - 27 Avenue Red Deer, AB	<a href="https://www.shalomcounselling.com">https://www.shalomcounselling.com</a>	Subsidized - Based on Household Income
Family Services of Central Alberta	(403) 343-6400	5409 - 50th Avenue Red Deer, AB	<a href="http://www.fsca.ca">http://www.fsca.ca</a>	Sliding Scale Fee