



**Big Decisions  
Have Big Questions  
You Have A Choice**

Unexpected pregnancies can mean big changes, not only in your life but also in the lives around you. The choices you make during pregnancy are big decisions. Only you can make them, but you are not alone.

**We are here for you.**

*"This is the first time in a long time I felt heard and like somebody really cared"*

[pregnancycares.ca](http://pregnancycares.ca)

# Services

All of our services are completely **free** and **confidential**.

- Pregnancy tests
- Information about pregnancy, abortion procedures and risks, parenting and adoption
- 24-Hour help line
- Male mentorship
- Prenatal education
- Baby and maternity clothing
- Steps to Sexual Health program
- Referrals for medical care and community resources
- Post-abortion support
- Post-adoption grief support
- Miscarriage grief support
- Parenting Education program
- 24/7 Dad program
- Maternity Home



We compassionately support women, their partners, and their families by providing accurate information on all options; we are not a medical facility.

You have the right to make a **well informed choice**.

 **24 Hour  
Help Line**  
403.343.1619

Please call or visit one of our locations to book an appointment.

## Red Deer

5116 - 47 Street  
Red Deer, AB T4N 1R9

403.343.1611  
info@pregnancycare.ca

## Olds

4911 - 51 Avenue  
Olds, AB T4H 1P7

587.796.1611  
olds@pregnancycare.ca

## Rocky Mountain House

4704 - 46 Street  
Rocky Mountain House, AB T4T 1B6

403.871.5111  
rmh@pregnancycare.ca



**For more information  
visit [pregnancycare.ca](http://pregnancycare.ca)**