

Red Deer 49th Street Community Health Centre Mental Health Services

Community services provided are:

- **Adult Mental Health Services** to individuals 18 and older who are experiencing emotional problems that have substantial impact on their lives with issues such as depression, schizophrenia anxiety, bipolar, suicide and anger management issues.
- **Children's Mental Health Services** becomes appropriate when a child's ability to function successfully in daily life is impaired by the presence of suspected mental health concerns. Available to children and youth up to 18 years of age.
- **Centralized Intake** to assist individuals in accessing the most appropriate service in a timely manner. Intake provides: Information on mental health services; consultation to other service providers, Assessment, Referral services.
- **Seniors Mental Health Services** provides assessments, treatment and rehabilitation programs to individuals generally over the age of sixty-five, who suffer from psychiatric illnesses such as thought and mood disorders or dementia.
- **Crisis Services** are available in some areas and can be accessed through the Help Line, HEALTHLINK and at the Red Deer Regional Hospital Centre Emergency Department.

Address

[Red Deer 49 Street Community Health Centre - Mental Health Services](#)

Right next to the east side of the main facility Red Deer 49 Street Community Health Centre; also across from the Remand Centre.

Address: 4733 49 Street
Red Deer, Alberta
T4N 1T6

Telephone: (403) 340-5466

Fax: (403) 340-4874

Service hours

- Monday 8:00 am - 4:30 pm
- Tuesday 8:00 am - 4:30 pm
- Wednesday 8:00 am - 4:30 pm
- Thursday 8:00 am - 4:30 pm
- Friday 8:00 am - 4:30 pm

Referral needed

Referrals are made from client, physicians, family or others by calling the clinic and talking to the Intake Worker.



Canadian Mental Health Association
Central Alberta

5017 50th Avenue
 Red Deer, AB T4N 4B2
 P (403) 342-2266
 F (403) 342-5684
 E education@reddeer.cmha.ab.ca
 W <http://reddeer.cmha.ca>

NOTE: The Canadian Mental Health Association – Central Region does not provide crisis services. If you are in immediate need of assistance please call:

- Mental Health Help Line 1-877-303-2642
- Addiction Help Line 1-866-332-2322
- Health Link Alberta 1-866-408-5465
- Alberta Health Services, Mental Health, 47333 – 49 Street, Red Deer 403-340-5466
- Alberta Health Services, Addictions, #104, 4920 – 51 Street, Red Deer 403-340-5274

Find Us



Parking rates

♦ **On street**

2 Hour Restricted	\$1.00/hour
2 Hour Unrestricted	\$0.75/hour
8 Hour Unrestricted	\$0.60/hour

♦ **City owned parking lots**

P4 and P5	\$1.00/hour
P2, P3, P6, and P9	\$0.75/hour
P1, P7, and P8	\$0.60/hour
P10	Free

♦ **Sorensen Station**

Daily	\$0.75/hour
Monthly	\$84.00/month

The P2 on Gaetz between 51 and 52 Streets is close to all CMHA locations. Gaetz is one-way heading south on this block. Enter the one way from 52 Street.

The P4 at the intersection of 49 Avenue and 49 Street, across from the Red Deer City Hall Park, is walking distance.

Street parking is available near all locations. Parking is free after 5 PM and all day Saturday and Sunday.

There is a P6 parking lot between 48 and 49 street, behind The Buffalo Apartments, as well,

The closest bus stop is on Gaetz, between 48th and 49th street. The bus terminal is walking distance as well.